








Protocol	#8.2
Title	BOMB total RNA extraction from mammalian cells using GITC-lysis
Keywords	HT RNA isolation, carboxyl-beads, silica beads
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Citation	Oberacker et al.(2019), Bio-On-Magnetic-Beads (BOMB): Open platform for high-throughput nucleic acid manipulation. PLOS Biology,17(1), https://doi.org/10.1371/journal.pbio.3000107
Online	https://bomb.bio/protocols/
Revision	V1.0 (13 th August 2018)

Summary

The most popular technique for isolation of high quality RNA (that does not use columns) is the TRI method[1,2]. However, the need for highly toxic phenol makes the procedure dangerous and requires you to use a fume hood. Here, we present a method for isolation of total RNA from cells with magnetic beads based on lysis and RNase inactivation by guanidine isothiocyanate (GITC) [3]. Thanks to an on-bead DNase I digest, it delivers highly pure RNA (or TNA if you skip the DNase I step, as in BOMB protocol #6.1).

Chemicals

Name	Provider	PN	MW [g/mol]		Safety codes
Ethanol (C₂H₆O, 99.9%)	Honeywell/ Riedel-de Haën	34963	46.07	 Danger	H: 225-319 P: 210-240- 305+351+338-403+233
Guanidine isothiocyanate (GITC, C₂H₆N₄S)	Roth Chemicals	2628.4	118.16	 Warning	H: 302+312+332-412- EUH032 P: 273-280-302+352- 304+340-312
Tris(hydroxymethyl)-aminomethane (Tris, C₄H₁₁NO₃)	Roth Chemicals	AE15.3	121.14	 Warning	H 315-319-335 P: 280-302+352- 305+351+338-312
N-Lauroylsarcosine sodium salt (Sarkosyl, C₁₅H₂₉NO₃Na)	Sigma (Merck)	L9150- 50G	293.38	 Danger	H: 315-318-330 P: 260-280-284- 305+351+338-310
Antifoam 204	Sigma (Merck)	A8311- 50ML	n.a.	n.a.	n.a.
Ethylenediamine tetraacetic acid disodium salt dihydrate (EDTA (C₁₀H₁₄N₂Na₂O₈ · 2 H₂O)	Roth Chemicals	8043.1	372.24	 Danger	H: 332-373 P: 260-314
Isopropanol (C₃H₈O)	Acros Organic	18413002 5		 Danger	H: 225-319-336 P: 210-233-240- 305+351+338-403+235
Guanidinium chloride (GuHCl, CH₅N₃ · HCl)	Roth Chemicals	0037.1	95.53	 Attention	H: 302+332-315-319 P: 261-280-301+312- 330-304+340+312- 305+351+338-337+313
Tween 20	Roth Chemicals	9127.1	1228.	n.a.	n.a.
DNase I	Biozym	170500	n.a.	n.a.	n.a.

Please consult appropriate MSDS information before working with these chemicals! Use lab coat, gloves and eye protection at all times! The chemicals are available from other providers as well. No preference is given to the indicated vendors.

Buffers and solutions

Silica-coated magnetic beads (40 µl per sample, 4 ml for a 96-well plate)

Lysis buffer (stable for at least several weeks at RT. 240 µl per sample, 24 ml per 96-well plate)

Reagent	Concentrations	For 50 ml
GITC	4 M	23.64 g
Tris HCl pH 7.6-8.0	50 mM	2.5 ml of 1 M stock
Sarkosyl	2%	1 g
EDTA	20 mM	2 ml of 0.5 M stock
Antifoam (optional)	0.1 %	50 µl

adjust pH with HCl to 7.6-8.0 and adjust the volume with water to 50 ml

Isopropanol (720 µl per sample, 72 ml for a 96-well plate)

80% ethanol (3.2 ml per sample, 220 ml for a 96-well plate)

RNA binding buffer (0.6 ml per sample, 60 ml for 96-well plate, adjust pH to ~6)

Reagent	Concentrations	For 100 ml
Gu-HCl	1 M	9.55 g
Tween 20	0.05%	0.5 ml of 10% stock
Ethanol	~ absolute	100 ml of 99.9% stock

10x DNase I buffer (prepare 50 ml, aliquot and freeze)

Reagent	Final concentration	For 50 ml
Tris-HCl pH 7.6	100 mM	5 ml of 1 M stock
Tween 20	0.5%	2.5 ml of 10% stock
MgCl ₂	25 mM	
CaCl ₂	5 mM	

adjust pH with HCl/NaOH to pH ~7.6 and adjust the volume with water to 50 ml

DNase I reaction mix (150 µl per sample, 15 ml for one plate. Prepare fresh and keep on ice)

Reagent	Final concentration	For a 96-well plate
10x DNase I buffer	1x	1.5 ml of 10x stock
DNase I (1000 U/ml)	20 U/ml	300 µl 1000 U/ml stock
RNasin	0.05%	7.5 µl of stock
Nuclease free water (e.g. DEPC-treated)		13.2 ml

Equipment and setup

Fume hood

Temperature controlled incubation shaker or incubator (e.g. Infors HT Multitron Pro)

Microtiter plate orbital shaker (e.g. IKA MS 3 basic)

Magnetic stand for 96-well plate (e.g. BOMB microplate magnetic rack)

Heat block (e.g. Roth, Rotilabo®- block thermostat H250 – PN: Y264.1)

Multichannel Pipettes

30 – 300 µl (e.g. Eppendorf, Eppendorf Research® plus 8-channel – PN: 3125000052)

50 – 1200 µl (e.g. VWR, Multi channel pipette, 8-channel – PN: 613-5422)



96-well PCR plate (e.g. Sarstedt, 96 PCR-Plate half skirt flat – PN: 170134)

1.2 ml 96-well deep well plates (e.g. Sarstedt, MegaBlock® 96 Well – PN: 82.1971.002)

Reservoirs (e.g. Roth, Rotilabo®-liquid reservoirs – PN: E830.2)

Seals (e.g. Bio-Rad, Microseal® 'B' Adhesive Seals – PN: MSB1001)

BOMB total RNA from mammalian cells extraction using GITC

Step	Sample collection	Time	<input checked="" type="checkbox"/>
1	Collect up to 10 ⁶ cultured mammalian cells a single well of a deep-well plate		<input type="checkbox"/>
2	Pellet the cells via centrifugation at 500g and discard supernatant		<input type="checkbox"/>
	<i>At this point, the pellets can be frozen at -20 °C and processed later</i>		
Step	RNA purification		
3	Add 240 µl of lysis buffer , seal and shake at RT at 1400 rpm for 5 min <i>The lysis buffer contains guanidine isothiocyanate, a chemical which can cause burns and sensitivity and produces hydrogen cyanide when mixed with bleach/acids</i>	10 min	<input type="checkbox"/>
4	Add 320 µl of isopropanol , seal and shake at RT at 1400 rpm for 5 min	10 min	<input type="checkbox"/>
5	Add 40 µl of silica-coated magnetic beads (BOMB protocol #2.1, 1:10 diluted from stock), seal and shake at RT at 1400 rpm for 5 min	10 min	<input type="checkbox"/>
6	Settle the magnetic beads on a magnetic stand and discard the supernatant <i>Ensure that the beads are completely settled</i>	5 min	<input type="checkbox"/>
7	Remove the plate from the magnetic stand and add 400 µl isopropanol . Shake at RT at 1400 rpm for 2 min	10 min	<input type="checkbox"/>
8	Settle the magnetic beads on a magnetic stand and discard the supernatant	5 min	<input type="checkbox"/>
9	Add 400 µl 80% ethanol and mix well	5 min	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
10	Settle the magnetic beads on a magnetic stand and discard the supernatant	5 min	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
11	Repeat steps 9-10 three more times for a total of four washes	10 min	<input type="checkbox"/>
12	Remove the supernatant completely and dry the plate at 50 °C for ~ 5-10 min <i>Make sure to remove all remaining ethanol.</i>	5 min	<input type="checkbox"/>
13	Remove the plate from the magnets and add 150 µl of DNase I reaction mix and mix at 1300 rpm for 5 min at RT, centrifuge shortly and shake at 350 rpm for 15-60 min at 37 °C	30 min	<input type="checkbox"/>
14	Add 600 µl RNA binding buffer to the digest and mix at 1000 rpm for 10 min	15 min	<input type="checkbox"/>
15	Settle the magnetic beads on a magnetic stand and discard the supernatant	5 min	<input type="checkbox"/>
16	Add 400 µl 80% ethanol and mix well	5 min	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
17	Settle the magnetic beads on a magnetic stand and discard the supernatant	5 min	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
18	Repeat steps 16-17 three more times for a total of four washes	10 min	<input type="checkbox"/>
19	Dry the beads on a heat block at 50 °C for ~30 min <i>The beads are dry when they turn brownish. Do not elute earlier!</i>	30 min	<input type="checkbox"/>
20	Add 40 µl of nuclease-free water to elute RNA, mix at 1300 rpm for 5 min	10 min	<input type="checkbox"/>
21	Pellet the magnetic beads on a magnetic stand and transfer the eluted RNA to a fresh 96-well collection plate	10 min	<input type="checkbox"/>
End	Measure concentration and purity	~3.0 h (1.5 h hands-on)	
	Store @ -80 °C		

Troubleshooting

Problem	Solution
Beads sticking to the sides	<ul style="list-style-type: none"> Sonicate shortly in the sonic bath and/or push the beads down with a pipette tip
Beads stay at the bottom of the well when mixing	<ul style="list-style-type: none"> Use a good foil to cover the plate well and invert a few times
DNA contamination	<ul style="list-style-type: none"> If some beads are still above the water level before or during the DNase digest, push them down with a clean yellow pipette tip
Degraded RNA	<ul style="list-style-type: none"> Process samples immediately after collection Perform the additional wash step with TRI reagent as recommended for sources with high content of RNases

Exemplary results

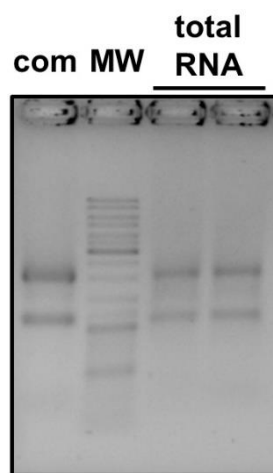


Fig 1: Quality control of BOMB total RNA extraction. Representative agarose gel of isolated RNA from 500k HEK293 cells. The leftmost lane contains RNA extracted with a commercial column-based kit, whereas the two lanes on the right contain RNA extracted with the BOMB total RNA isolation protocol based on the GITC. MW: GeneRuler DNA Ladder Mix, Thermo Scientific.

References

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